

Charter Oak-Ute Community School -Breakfast & Lunch Menu

May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast: Burrito Wrap, Muffin Lunch: Orange Chicken, Rice, Mixed Veggies, Fortune Cookie, Applesauce	2 Breakfast: Breakfast Pizza Lunch: Sub Sandwich, Chips, Potato Salad, Carrots, Dip, Strawberries	3 Breakfast: Breakfast Bar Lunch: Pork Patty, Scalloped Potatoes, Green Beans, Peaches, WG Roll	4 Breakfast: Cereal, Yogurt Lunch: 3-Cheese Calzone, Romaine/Tomato Salad, Corn, Cookie, Pear
7 Breakfast: French Toast Sticks, Little Smokies Lunch: Beef Taco, Cheese, Lettuce, Refried Beans, Brownie, Pineapple	8 Breakfast: Biscuits and Gravy Lunch: Chicken Alfredo, Romaine Salad, Breadstick, Mandarin Oranges	9 Breakfast: Bagel, Sausage Lunch: Country Fried Steak, Potatoes, Gravy, Green Beans, Applesauce, WG Roll,	10 Breakfast: Cheese Omelet, Toast Lunch: Grill Out	11 Breakfast: Roll, Yogurt Lunch: Popcorn Chicken, Fries, Baked Beans, Graham Cracker Cookies, Pears
14 Breakfast: Pancake, Sausage Lunch: Walking Taco, Cheese, Lettuce, Salsa, Peaches	15 Breakfast: Breakfast Pizza Lunch: Corn Dog, Green Beans, Hashbrown, Mandarin Oranges	16 Breakfast: Scrambled Eggs, Toast Lunch: Chicken Sandwich, Broccoli Medley, Potato Wedges, Pineapple	17 Breakfast: Cereal, Yogurt Lunch: Chicken Quasadilla, Romaine Salad, Corn, Applesauce	18 Breakfast: Breakfast Bar Lunch: Pizzaburger on WG Bun, Baked Beans, Fries, Pears
21 Breakfast: French Toast Sticks, Little Smokies Lunch: Chicken Fajita Wrap, Lettuce, Cheese, Salsa, Cookie, Mixed Fruit	22 Breakfast: Omelet, Toast Lunch: McRib on WG Bun, Green Beans, Grapes, Hashbrown	23 Breakfast: Biscuits and Gravy Lunch: Pizza, Corn, Romaine Salad, Strawberry Shortcake, 1/2 Banana	24 Breakfast: Bagel, Sausage Lunch: Chicken and Biscuits, Mixed Veggies, Peaches	25 NO SCHOOL
28 NO SCHOOL	29	30 1% White Milk & Fat Free Chocolate Milk offered for Breakfast and Lunch 100% Fruit and Juice offered for Breakfast WG=Whole Grain	31 Breakfast: Student must take fruit or juice for breakfast or both. Lunch: Student must take vegetable or fruit or both. Menu subject to change.	

Iowa Nondiscrimination Notice. "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in it's program, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: [https://icrc.iowa.gov/.](https://icrc.iowa.gov/)"