


# Charter Oak-Ute Community School - Breakfast & Lunch Menu

March 2018

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| <p><b>1% White Milk &amp; Fat Free Chocolate Milk offered for Breakfast and Lunch</b></p> <p><b>100% Fruit and Juice offered for Breakfast</b></p> <p><b>WG=Whole Grain</b></p> | <p><b>Breakfast:</b> Student must take fruit or juice for breakfast or both.</p> <p><b>Lunch:</b> Student must take vegetable or fruit or both.</p> <p><b>Menu subject to change.</b></p> |   | <p><b>Breakfast:</b> Bagel, Sausage</p> <p><b>Lunch:</b> Cheeseburger on WG Bun, Fries, Baked Beans, Pears</p>                        | <p><b>Breakfast:</b> Cereal, Yogurt</p> <p><b>Lunch:</b> Cheese Calzone, Corn, Romaine Salad, Peaches, Dr. Seuss Birthday Cake</p>    |
| <p><b>Breakfast:</b> Scrambled Eggs, Muffins</p> <p><b>Lunch:</b> Chili, Crackers, Cinnamon Roll, Fresh Veggies, Cheesestick, Applesauce</p>                                    | <p><b>Breakfast:</b> Biscuits and Gravy</p> <p><b>Lunch:</b> Crispito, Cheese Sauce, Corn, Lettuce Salad, Mandarin Oranges</p>  | <p><b>Breakfast:</b> Pancakes, Sausage</p> <p><b>Lunch:</b> McRib on WG Bun, Fries, Baked Beans, Peaches</p>                | <p><b>Breakfast:</b> Breakfast Pizza</p> <p><b>Lunch:</b> Chicken Fried Steak, Mashed Potatoes, Gravy, Green Beans, Pear, WG Roll</p> | <p><b>Breakfast:</b> Rolls, Yogurt</p> <p><b>Lunch:</b> Shrimp Poppers, Sweet Potato Wedges, Coleslaw, Fresh Strawberries, Cookie</p> |
| <p><b>Breakfast:</b> Breakfast Bar</p> <p><b>Lunch:</b> Taco, Refried Beans, Lettuce, Cheese, Salsa, Brownie, Mixed Fruit</p>   | <p><b>Breakfast:</b> French Toast Sticks, Little Smokies</p> <p><b>Lunch:</b> Corn Dog, Hashbrown, Baked Beans, Pineapple</p>   | <p><b>Breakfast:</b> Cheese Omelet, Toast</p> <p><b>Lunch:</b> Chicken Sandwich, Potato Wedges, Broccoli Medley, Grapes</p> | <p><b>Breakfast:</b> Bagel, Sausage</p> <p><b>Lunch:</b> Spaghetti, Meat Sauce, Cheese Breadstick, Romaine Salad, Peaches</p>         | <p><b>Breakfast:</b> Cereal, Yogurt</p> <p><b>Lunch:</b> Macaroni and Cheese, Hot Dog, Green Beans, Pears</p>                         |
| <p><b>Breakfast:</b> Pancake Sausage on a Stick, Hashbrown</p> <p><b>Lunch:</b> Chicken Quesadilla, Romaine Salad, Mandarin Oranges, Cookie</p>                                 | <p><b>Breakfast:</b> Biscuits and Gravy</p> <p><b>Lunch:</b> Hot Ham and Cheese on WG Bun, Hashbrown, Green Beans, Banana</p>   | <p><b>Breakfast:</b> Breakfast Bar</p> <p><b>Lunch:</b> Chicken Nuggets, Cheesy Potatoes, Peas, Applesauce, WG Roll</p>     | <p><b>Breakfast:</b> Scrambled Eggs, Toast</p> <p><b>Lunch:</b> Pizzaburger on WG Bun, Fries, Baked Beans, Pineapple</p>              | <p><b>Breakfast:</b> Rolls, Yogurt</p> <p><b>Lunch:</b> Pizza, Corn, Romaine Salad, Peaches</p>                                       |
| <p><b>Breakfast:</b> Pancakes, Sausage</p> <p><b>Lunch:</b> Chicken Noodle Soup, Cinnamon Roll, Cheese Stick, Crackers, Applesauce</p>  | <p><b>Breakfast:</b> Breakfast Bar</p> <p><b>Lunch:</b> Walking Taco, Lettuce, Brownie, Mixed Fruit</p>   | <p><b>Breakfast:</b> Breakfast Pizza</p> <p><b>Lunch:</b> Pork Patty, Potatoes and Gravy, Corn, Peaches, WG Roll</p>        | <p><b>Breakfast:</b> Bagel, Sausage</p> <p><b>Lunch:</b> Hot Dog on WG Bun, Chips, Baked Beans, Pears</p>                             | <p><b>NO SCHOOL</b></p>   |

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